

RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

MEETING MINUTES FOR JUNE 5, 2019 | 12:00 pm to 2:00 pm

CALL TO ORDER, PLEDGE OF ALLEGIANCE, AND INTRODUCTIONS – Chairperson, Rick Gentillalli called the Behavioral Health Commission (BHC) meeting to order at 12:00 pm, lead the Pledge of Allegiance, and commenced introductions.

CHAIRPERSON'S REMARKS – Mr. Gentillalli announced that sadly Ric Riccardi passed away a few days after the last Commission meeting. Mr. Gentillalli reported that several Commissioners and Department staff attended his funeral to pay their respects and mourn this great loss.

Mr. Gentillalli also reported that May is Mental Health Month went over very well. Mr. Gentillalli thanked our Director for attending the event and noted it was nice for everyone to see our leader at Fairmount Park. This year's Advocate of the Year was awarded to Ric Riccardi, which was presented to his widow, Janet Riccardi. Mr. Gentillalli noted that it was an admirable decision made by the Commission and thanked everyone for their support.

COMMISSION MEMBERS REMARKS – Walter Haessler, Brenda Scott, and Greg Damewood shared their experience when they attended Mr. Riccardi's funeral and stated that he will be greatly missed.

Ms. Scott announced that there will be an LGBTQIA event held in Tahquitz High School in Hemet. Flyers were available for more information. Ms. Scott also announced that the NAMI Walk will be held on October 26 at Diamond Valley Lake.

Anindita Ganguly reported that she met with the Feeding America Chapter for the Inland Region, where her son volunteers. Ms. Ganguly noted that she learned an alarming statistic that one in five kids in the Inland Empire Region struggle with hunger. Lorie Butler, the supervisor overseeing the Inland Region's Chapter is interested in learning more about the communities and resources available. Ms. Butler also inquired if there was a possible way to collaborate with RUHS-BH.

PUBLIC REMARKS – None

MINUTES OF THE PREVIOUS MEETING – Minutes were accepted as written.

CELEBRATE RECOVERY – Berenice Rodriguez, Social Services Assistant for the SAPT Program in Moreno Valley, introduced this month's Celebrate Recovery Speaker, Ivone Tapia. Ms. Tapia is a mother of seven children and when she gave birth to her seventh child, she did not test clean. Child Protective Services immediately opened a case and Ms. Tapia was referred to RUHS-BH for treatment and services.

At first, Ms. Tapia was furious, but after working through her recovery and participating in different programs, Ms. Tapia is grateful that she was referred to the Department. At the time of the Commission meeting, Ms. Tapia stated that she is 104 days clean. She participated in the MOM's Program for seven months and Family Preservation for two months. Ms. Tapia also participated in anger management classes and Triple P, which she has certificates of completion for. She's continuing her engagement by enrolling in more classes and participating in other programs. Ms. Tapia noted that she has learned a great deal from her counselors, most importantly her coping skills and anger management. Her favorite coping skills are her breathing exercises and coloring.

Ms. Tapia thanked several of her counselors for their unwavering support during her recovery. They not only provided the counseling and resources, but they also helped her with setting up appointments and providing transportation when she needed. With their support, she was able to attend her court dates, her

weekly group meetings, and other appointments. Ms. Tapia expressed her deep appreciation for everyone that supported her during her recovery and for the treatment and services she was provided. Ms. Tapia stated that she had no recommendations for improvements as she was very satisfied with the services she received and would recommend it to her friends and family.

NEW BUSINESS

1. BEHAVIORAL HEALTH COMMISSION ELECTION OF OFFICERS FY 19/20: Votes were cast by Commissioners and submitted to the Liaison for counting.
2. 2019 MAY IS MENTAL HEALTH MONTH WELLNESS & RESOURCE FAIR UPDATE: Rick Algarin, Family Advocate Program Manager, provided an update from this year's May is Mental Health Month (MIMHM) event. The event was held on Thursday, May 23 at Fairmount Park. Mr. Algarin noted that the event was threatened by heavy rains as it rained heavily the previous day and night. Fortunately, it did not rain and all the vendors registered for the event still came. Mr. Algarin stated that we had almost 1,500 attendees and had over 90 vendors participate. Mr. Algarin shared a short video showcasing photos and highlights from the event.

Mr. Algarin thanked various members of the staff starting with Linda Shreve and Priscilla Gouveia, who helped him organize the event. Mr. Algarin also thanked Bonita Garba and Sandy for helping with food and beverage. Alicia Arrendondo for organizing the Fun Zone for the children and youth. TAY for loaning them their sound equipment. Sylvia Silva for helping with the event décor. Jim Hill for packing the day with fun entertainment. Various Commission members that attended and Rick Gentillalli for presenting the Advocate of the Year Award. Sal Morales for helping with collecting donations. Robert Youssef for the outreach and advertising for the event. Jaqueline Ebule for bringing 55 volunteers from high schools, colleges, and surrounding clinics to help work the event. Joshua Rovang for keeping the parking lot running smoothly. Dylan Colt for taking photos of the event and creating the video. Lisa Morris and her team for helping clean up the park after the event. Lastly, Mr. Algarin thanked Paul Rodriguez and Christina from MatMan for helping them manage the budget and making sure the money was spent accordingly. Mr. Algarin noted that they focused quite heavily on saving money, that after the event and all the invoices were settled, they learned that they stayed well under budget and managed to save the Department over \$10,000.

3. SCHOOL VIOLENCE PROTOCOL: Nick Powers, Behavioral Health Services Supervisor of the Juvenile Justice Division, provided an overview of the Department's STAR (School Threat Assessment Response) Program. Previously, it was known as the "Prevent Kids with Guns Protocol," which was renamed "School Threat Assessment Response Program," to better reflect the actual objective of the Program.

When there are incidents of mass violence, people and the media tend to blame mental illness as the cause. The media propagates this stereotype because there is a need in the general public for an explanation of how someone can commit such an atrocity. Incidents of mass violence are equally likely to be perpetrated by those with mental health disorders compared to those without a diagnosis, but research has shown that individuals with mental health disorders are more likely to be the victims of violence than perpetrators. Some studies also indicate those with severe mental illness only account for 4% of community violence, which means 96% is not accounted for by a mental health disorder. Mr. Powers noted that substance abuse is more indicative of destructive and violent behavior as it impairs judgment and lowers inhibitions.

The most indicative risk factor for mass violence is the "pseudo-commando narcissist personality trait." This personality trait tend to be narcissism, entitlement, grudge-holding, history of being bullied,

bullying others, and/or social isolation. Individuals with this trait have a need for payback or retribution for the perceived wrong. Research has demonstrated that mass violence as a result of mental health problems is a misguided notion. However, the Department still developed a system to help address the issue and in 1998 they drafted the "Prevent Kids with Guns Protocol," which was one year prior to the shooting that occurred in Columbine High School in 1999. The protocol addressed many of the related factors that contributed to the outcome of Columbine.

The mission of the Protocol is to protect the safety and welfare of students, school staff, and the community by effective prevention and immediate intervention by multi-agency team. The team includes Probation, law enforcement, school districts, RUHS – Behavioral Health, RUHS – Medical Center, and Department of Public Social Services. The Protocol is initiated when there is a threat of violence or a youth brings a weapon in or around school campus. Threats can be verbal, written, or present in their social media. Law enforcement performs a home check and later goes to the student's school to meet with the principal or administrator to gather information about the threats made and any actions taken by the school to address the issue. Afterwards, the student is detained and brought into custody in Juvenile Hall where they undergo a thorough biological, psychological, and social assessment. The evaluation process takes approximately four hours and at the end a full report is drafted and provided to Probation and Juvenile Court for the initial detention hearing to determine whether or not the student poses as a threat to the community. Within 72-hours, the youth goes to court and the judge considers that report as part of their judgement.

Often the youth that are brought into custody are not likely a threat to the community. By in large, the youth that come into custody as part of this protocol have made statements or threats, but have no intent or ability to carry it out. The most common reasons for arrest are social media postings, which account for approximately 70% of youth entering custody. Youth brought into custody for weapons typically do not have the potential to commit mass violence (i.e. knife, switchblade, etc.), however they have seen a few youths in custody with semi-automatic firearms or explosive devices.

Department's statistics show in FY 14/15, the average intake of youths in custody were in the mid to upper 20s. In 2018, there was a substantial spike in the number of intake and Mr. Powers noted that the contributing factor to this was the shooting in Parkland, Florida. There was a greater awareness after Parkland and any time there was a potential threat that was seen or heard, it was immediately reported to law enforcement. This current fiscal year, there is a drop in the trend and returning close to normal numbers, but still elevated from previous years. Other trends occurring this fiscal year is that they are now seeing more females and younger youths entering custody. They've had three females enter custody in the past fiscal year and the age range has dropped from 16-17 year olds, to 14-15 year olds. The youths do confess they took the actions that lead them into custody, but will frequently confess that they did not have the intent or capacity to carry out the threat.

Frequently, youth who are under custody are struggling in some capacity in their life – socially, academically, familial issues, substance issues, or untreated mental health difficulties. As part of the evaluation process, youth and families are connected to post-release services. Each Juvenile Hall has staff that meets with the youth and their families to identify their needs and link them to services. Services are not only provided while the youth is in detention, but also after they are released. Mr. Powers noted that most of the time, youths and their families recognize they need additional supports and welcome the help and assistance.

In March of 2018, the Department implemented the STAR Protocol (School Threat Assessment Response), which was a modification to the Prevent Kids with Guns Protocol. The modification included changes regarding who is responsible for what aspects of the process and bridged some of the gaps in

services. Mr. Powers reported that the STAR Protocol is working well. They continually evaluate the system to determine what can be done as part of the evaluation for the youth and they continually improve the process and make adjustments as needed. They anticipate that as they continue to learn more about what drives people in these type of acts, they will continue to modify the Protocol to properly address them. They continue to support the youth as they move through the system. More often than not, the youth that come into custody are released in their initial hearing or the hearing subsequent to that. If they stay in custody for any extended period of time, they continue to support them while they are in custody prior to their release. After they are released, they continue support the youth and their families by providing resources and connecting them to supportive services. The goal of the Protocol is to ensure the support and safety of the community while also making sure that the youth and their families are best served by all the appropriate agencies.

4. IMPAIRED DRIVING PROGRAM/ DUI PROGRAM: Nat Tollefson, Supervisor for the Impaired Driver Program, Recovery Residence, ad Justice Outreach Team, presented some information regarding DUI statistics in Riverside County. The information gathered and presented came from two sources – the Annual Report released by California DUI Management Information System and data released by RUHS-BH’s Impaired Driver Program. The Annual Report released by California DUI Management Information System is used by RUHS-BH to compare data with the Impaired Driver Program to see how the numbers match up. California DUI Management Information System publishes a report yearly, but are somewhat behind. The most recent report they released was in 2018, with information gathered from 2016, and the data reflects DUI statistics from 2010-2014. Mr. Tollefson stated that it makes the comparison somewhat difficult as the information released by the State are data from a few years prior.

DUI arrests in Riverside County from 2010-2014 are as follows: in 2010 there were 10,056 arrests; in 2011 there were 10,003 arrests; in 2012 there were 10,142 arrests; in 2013 there were 9,918 arrests; and in 2014 there were 9,601 arrests. DUI convictions in Riverside County from 2010-2013 are as follows: in 2010 there were 7,970 convictions; in 2011 there were 8,497 convictions; in 20112 there were 8,444 convictions; and in 2013 there were 7,817 convictions. Mr. Tollefson noted that the arrests outnumber convictions because after an arrest, the District Attorney may decide to not file charges or the arrested individual may have obtained an attorney that was able to have the charges dropped.

Other data included in the report are DUI statistics based on gender, age, ethnicity, and DUI convictions by court (i.e. City of Murrieta, City of Temecula, Juvenile Court, etc.). DUI arrests in Riverside County by gender for 2014 show 7,454 (78%) arrests were males and 2,147 (22%) arrests were females. DUI arrests statewide show a similar statistic of 118,993 (77%) arrests were males and 35,750 (23%) arrests females. DUI arrests by age for 2014 show an interesting statistic as they include transition age youth statistic for 18-20. The data show for the age range of 18-20 there were 579 DUI arrests; age range 21-30 had 4,339 DUI arrests; age range 31-40 had 2,161 DUI arrests; age range 41-50 had 1,321 DUI arrests; age range 51-70 had 244 DUI arrests; and age range 71 and up had 62 DUI arrests. DUI arrests by ethnicity in 2014 show 3,033 arrests for Caucasians; 5,454 arrests for Hispanics; 695 arrests for African Americans; and 399 arrests that reports/classifies as “Other” different ethnicities. DUI convictions by court for 2013 show Banning had 345 convictions; Blythe had 72 convictions; Indio had 1,627 convictions; Murrieta had 1,903 convictions; Riverside had 3,846 convictions; Temecula had 3 convictions; Riverside Juvenile Court had 15 convictions; and Murrieta Juvenile Court had 5 convictions.

The next set of data Mr. Tollefson presented were information gathered from the Impaired Driver Program. Mr. Tollefson stated that the information are the referrals sent to the Department through the courts. There are four different DUI program levels: AB541 and AB1353 are for first time drug offenders; AB541 is a three and a half month program; AB1353 is a nine month program; SB1176 is a 12-hour/ 6 week Wet Reckless program; and SB38 is an 18-month program, the longest in Riverside

County. For FY 13/14 the Impaired Driver Program received referrals for the following: AB541 had 4,695 referrals; AB1353 had 1,003 referrals; SB1176 had 220 referrals; and SB38 had 1,496 referrals, totaling 7,414 referrals from the court. For FY 14/15 the referrals received for AB541 were 4,775 referrals; AB1353 had 1,098 referrals; SB1176 had 276 referrals; and SB38 had 1,524 referrals, totaling 7,673 referrals from the court. For FY 15/16 the referrals received for AB541 were 4,267 referrals; AB1353 had 1,033 referrals; SB1176 had 242 referrals; and SB38 had 1,304 referrals, totaling 6,846 referrals from the court. For FY 16/17 the referrals received for AB541 were 3,664 referrals; AB1353 had 864 referrals; SB1176 had 223 referrals; and SB38 had 984 referrals, totaling 5,735 referrals from the court. For FY 17/18 the referrals received for AB541 were 3,605 referrals; AB1353 had 794 referrals; SB1176 had 158 referrals; and SB38 had 1,515 referrals, totaling 6,067 referrals from the court.

Mr. Tollefson stated that you'll notice the numbers are beginning to go down, which a trend occurring statewide. Many believe that the numbers are going down with services such as Lyft and Uber, giving people the option to avoid driving under the influence. Mr. Tollefson also noted that the message is also getting across to many and are avoiding driving under the influence. While the numbers for DUI arrests and convictions are going down, Mr. Tollefson mentioned that unfortunately DUI fatalities are rising; the cause of which has not yet been determined.

5. MECCA LATINO OUTREACH EVENT: James Grisham, Desert Region Administrator, gave an overview of the Healthcare Fairs and an update on their most recent Healthcare Fair in Mecca. The Healthcare Fairs are done in collaboration with Loma Linda Behavioral Health Department and the Diocese of San Bernardino. The Healthcare Fairs provide behavioral health, primary healthcare, dental care, and vision screenings. Their most recent Healthcare Fair was held at Our Lady Guadalupe Catholic Church in Mecca, the second event held in the Desert Region.

Prior to the Healthcare Fair event, they do a pre-survey to the community where they indicate the type of services they would like to see more of in their community. Before the event in Mecca, they received 412 surveys back and it indicated that 184 of the community wanted primary healthcare services; 123 community members wanted diabetic care; 247 community members wanted dental care; and 160 wanted behavioral healthcare. Other information indicated on the survey show 183 people had insurance, 192 did not have insurance, and others chose not to identify or did not have health insurance.

Mr. Grisham noted that the Mecca Healthcare Fair event was successful with the help of Father Francisco, the priest of Our Lady Guadalupe Church. Father Francisco brought consumers that he knew really needed services and it was his connection with his congregation and community that helped make the event a success. This also occurred at the Cathedral City and Corona event, where the priests of the churches invited everyone to attend the event, where they were able to receive or be linked to services.

The downside of these events is that it creates somewhat of a competition between services for the community members as they have to decide which service they would like to have. The services are limited to that day and time, which can be restricting to someone who may need two or more services being provided that day. The Fairs also get extremely busy with many of the staff being pulled from one service to another or they are re-located to copy and storage rooms because they have ran out of space. They begin set-up at 6:30 and are prepared by 8:00, which is when the 7:00 mass ends.

Mr. Grisham reported that at the Mecca Healthcare Fair, they provided services to people that attended the 7:00, 9:00, 11:00, and 1:00 mass. It is an 8-hour day for most people, but for some of them it was a 10-hour day. Staff were told to be flexible and adaptable, which they were more than happy to oblige. Mr. Grisham noted that the staff really enjoyed helping everyone that came, stating that it is the reason

why they personally got into social work. Mr. Grisham stated that the Mecca event was successful with the help of all the staff and all the community members that came. It's a further indication of what "health homes" and FQHC's (Federally Qualified Healthcare Centers) can be and how they can best serve the community.

OLD BUSINESS

1. **MHSA UPDATE:** David Schoelen reported that all the community feedback regarding the MHSA Annual Plan Update has been reviewed and integrated into the plan. The Plan has been finalized and requires the Commission to vote for approval to submit the document to the Board of Supervisor's Office. With one abstention, the Plan was approved by the Commission.

DIRECTOR'S REPORT: Tabled

COMMITTEE UPDATES: Tabled

ELECTION RESULTS: For FY 19/20, the BHC Officers will be: Tori St. Johns – Secretary; Beatriz Gonzalez – Vice Chair; and Richard Divine – Chair.

EXECUTIVE COMMITTEE RECOMMENDATIONS: Anindita Ganguly asked if RUHS-BH interfaces with law enforcement regarding behavioral health matters and Tori St. Johns suggested having an overview of programs from Larry Smith Detention Center.

ADJOURN: The Behavioral Health Commission meeting adjourned at 2:01 pm.

Maria Roman

Brenda Scott, BHC Secretary

Maria Roman, Recording Secretary

FY 2018/19 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER

| MEMBERS | JUL | SEP | OCT | NOV | JAN | FEB | MAR | APR | MAY | JUN |
|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| April Jones, District 3 | ✓ | ✓ | A | ✓ | A | ✓ | A | ✓ | ✓ | ✓ |
| Anindita Ganguly, District 2 | | | | A | ✓ | ✓ | A | ✓ | ✓ | ✓ |
| Araceli Ruiz, BOS Representative, Dist. 1 | | | | | | | | | | ✓ |
| Beatriz Gonzalez, District 4 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Brenda Scott, District 3 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Carole Schaudt, District 4 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | A | ✓ | ✓ |
| Daryl Terrell, District 5 | ✓ | ✓ | ✓ | ✓ | A | ✓ | ✓ | ✓ | ✓ | ✓ |
| Dildar Ahmad, District 1 | ✓ | ✓ | A | ✓ | ✓ | A | ✓ | ✓ | A | A |
| George Middle, District 2 (Redist. 5) | ✓ | A | ✓ | ✓ | A | ✓ | ✓ | ✓ | ✓ | ✓ |
| Greg Damewood, District 5 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Richard Divine, District 2 (Redist. 4) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | A | ✓ |
| Rick Gentillalli, District 3 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | A | ✓ | ✓ | ✓ |
| Victoria St. Johns, District 4 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Dr. Walter Haessler, District 1 | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

Present = ✓ | Absent = A | Medical Leave = ML

Minutes and agendas of meetings are available upon request and online at www.rcdmh.org. To request copies, please contact the BHC Liaison at (951) 955-7141 or email at MYRoman@rcmhd.org.

| OTHERS PRESENT | | |
|-----------------------------------|-----------------------------|----------------------------------|
| Adrienne Gee, RUHS-BH | Akram Razzouk, MD, Guest | Amy McCann, RUHS-BH |
| April Marier, RUHS-BH | Berenice Rodriguez, RUHS-BH | Bill Brenneman, RUHS-BH |
| Brandon Jacobs, RUHS-BH | Brian Betz, RUHS-BH | Bruce Trainor, Guest |
| Crystal Canselada, Guest | David Schoelen, RUHS-BH | Deborah Johnson, RUHS-BH |
| Diana Brown, RUHS-BH | Diana Castillo, RUHS-BH | Donna Childers, Guest |
| Elin Zerai, Guest | Esther Villa, RUHS-BH | Francisco Huerta, RUHS-BH |
| Ivone Tapia, Guest | Jeaniel Dancer, RUHS-BH | Jim Grisham, RUHS-BH |
| Jose Campos, Guest | Kim McElroy, Guest | L. Carlos Lamadrid, RUHS-BH |
| Linda Shreve, RUHS-BH | Lisa Morris, RUHS-BH | Lucinda Chagolla, Guest |
| Lupe Madrigal, RUHS-BH | Martin Joseph, Guest | Matt Chang, MD, RUHS-BH Director |
| Maureen Dopson, RUHS-BH | Maureen Martinez, RUHS-BH | May Farr, Guest |
| Melinda Drake, Guest | Monique Gordon, Guest | Monique Maldonado, Guest |
| Nat Tollefson, RUHS-BH | Nick Powers, RUHS-BH | Pamela Norton, RUHS-BH |
| Pedro Arciniega, RUHS-BH | Priscilla Gouveia, RUHS-BH | Rhyan Miller, RUHS-BH |
| Richard Bolter, RUHS-BH | Rick Algarin, RUHS-BH | Russel Moreau, Guest |
| Sarah Rodriguez, BOS Rep. Dist. 3 | Savannah Brooks, RUHS-BH | Sheree Harris, RUHS-BH |
| Steve Lusk, Guest | Susan Becerra, Guest | Sylvia Aguirre-Aguilar, RUHS-BH |
| Vicki Redding, RUHS-BH | Will Harris, RUHS-BH | Willard Wynn, RUHS-BH |
| Zach Tucker, RUHS-BH | | |